

# O O bet365

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elp control screen usage time and assist with reducing phone addiction.&lt;/div&

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Control 4+ - App Store - Apple&lt;/span&gt;&lt;/span&gt;&lt;span&gt;

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&gt;&lt;div&gt;&lt;div&gt;&lt;div&gt;&lt;div&gt;We tested four new apps and rete

sted four apps, and we still recommend Apple&#39;s Screen Time, Google Family Li

nk, and Qustodio. Parental controls allow adults to set limits on their child&#3

9;s app access and overall phone use, and they serve as training wheels to h

elp kids and teens build healthy tech habits.&lt;/div&gt;&lt;/div&gt;&lt;/div&gt;

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2ahUKEwjusuiqp86DAxVALUQIHVWBCVIOFnoECAEQDQ&quot; href=&quot;{href}&quot;&gt;&lt;

;span&gt;&lt;div&gt;&lt;span&gt;The 3 Best Parental Control Apps to Manage Scree