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[Stick Fighting - Citizens for Conservation Trinidad & Tobago](#) : home : sites : stick-fighting

In terms of effectiveness, stick fighting can be highly effective in a street fight if the practitioner is well-trained and skilled in the art. The use of a stick or similar weapon can provide reach, leverage, and striking power, which can be advantageous in self-defense situations.

[How effective is stick fighting in comparison to other arts ... - Quora](#) : How-effective-is-stick-fighting-in-comparison-to-other-...

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