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article

Understanding Ski Jumping: An Overview

Ski jumping is a thrilling winter sport where athletes descend a steep

ramp at high speeds, leap into the air, and aim to land the longest jump possibl

e before gliding to the finish line. But how are these impressive feats measured

and scored?

The Measurement of Ski Jumps: K-Point and Beyond

In ski jumping competitions, judges measure jumps from the takeoff to a

reference point called the "K-point," which indicates the assessment

location for the distance covered by the athlete. The following table illustrate

s the relationship between jump distance (in meters), K-point. and maximum landi

ng point:

table border="1"

thead

tr

th Distance (m)

th K-Point

th Max. Landing Point

tr

tbody

tr

td 50

td 34

td 58

tr

tr

td 70

td 46

td 66

tr

tr

td 90

td 64

td 84

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td 105

td 87

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Scoring Ski Jumping: Judges' Criteria

Judges evaluate ski jumps based on three primary factors:

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li>**Distance:** Generally, longer jumps are rewa